



## **Step by Step Guide – How to Set our Watches**

We like to keep it simple. Your watch has no buttons - just two touchpoints, located underneath the display. The left touchpoint selects the different functions and the right lets you adjust them. Setting your watch is super easy, just follow these steps.

**Step 1:** Start by setting the date. Press the left touchpoint until a number between 1 and 12 appears on the left side of the display. This number is the month.

**Step 2:** Press the right touchpoint to select the number that correlates with the current month.

**Step 3:** When you've selected the correct month, press the left touchpoint once. The display will change to show the next function, the day. A number between 1 and 31 will appear on the right side of the display.

**Step 4:** Press the right touchpoint to select the number that correlates with the current day.

**Step 5:** When you've selected the correct day, press the left touchpoint once. The display will change to show the next function, the time (starting with hours). The display will have a number on the left and either P for PM or A for AM on the right.

**Step 6:** Press the right touchpoint to select the number that correlates with the current hour and either P or A.

**Step 7:** When you've selected the correct hour, press the left touchpoint once. The display will change to show the next function of time, minutes. A number between 0 and 59 will appear on the display.

**Step 8:** Press the right touchpoint to select the number that correlates with the current minutes.

**Step 9:** When you've selected the correct minutes, press the left touchpoint until the 2 dots in the time display are flashing. If they are not flashing, the watch settings have not been saved yet.