

How to Use Your Clean Tongue Wand

Deep cleaning action for a healthier mouth and fresher breath.

Directions:

1. Rinse mouth, moisten tongue.
2. Relax and extend your tongue.
3. Place the clean tongue wand comfortably towards the back of the tongue.
4. Gently pull forward as you glide down to the tip.
5. Rinse residue.
6. Repeat until clean, 3-4 times. Do not press too firmly, as you may damage tongue tissue.
7. Rinse tongue cleaner after each use. Dry before storing.



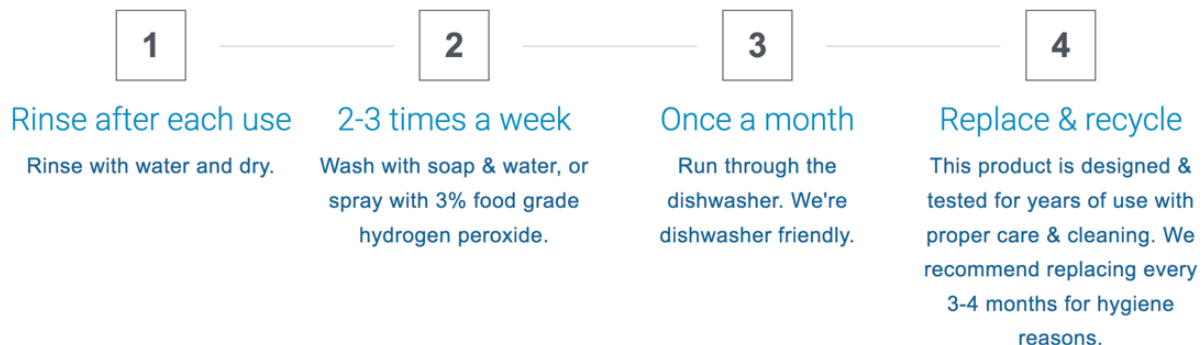
Helpful hint: To avoid a gag reflex, try a very wet tongue and exhale during use.

Did You Know? You Can Customize Your Clean.

- **Deep Clean:** Hold handle closer to the head for a firmer, deeper clean.
- **Gentle Clean:** Sensitive mouths can hold the handle farther down for a gentler effect.

How to Clean Your Wondrous Wand

Because cleanliness = more snogging = happiness!



Recommended Frequency

- For best results, use twice daily before or after brushing.