

Caring	Just as a tree is held together by its roots, the world is held together by people who care. They nurture, foster and help others to grow, heal and to prosper. The Tree of Caring reminds us to be thankful for those who care and to pass on the care that we have received to others who need it.
Courage	Like a tree in a storm we are sometimes tossed, battered and pushed to our limits. Never the less, we dig deep, hold on or fight back even when the odds may be against us. The Tree of Courage reminds us that we can all be courageous, weather life's storms and come out stronger.
Creativity	By looking to nature we can find creativity and inspiration to create great arts, make big decisions and move in new directions in life. The Tree of Creativity reminds us to find inspiration and think creatively to break down barriers and reach for new heights.
Encouragement	Just as a mighty tree was once a small sapling; our goals, dreams and hopes were once small. As we work hard and we surround ourselves with people who support us we are able to achieve those dreams or conquer barriers we once thought impossible. The Tree of Encouragement reminds us that while the path may be long we are not alone; and with the support of others anything is possible.
Family	There is no greater comfort in life than the unconditional love and support of family. Like roots of a tree, family nourishes and encourages us to grow to limitless possibilities. The Tree of Family reminds us that no matter how far we branch out as individuals, our family is always there for support, for encouragement, and above all for love.
Friendship	Like each leaf on a tree, our life is blessed with friends who help to define us as the individuals we are. Similarly, the changes of season that a tree undergoes is like the circle of friends that we've met throughout our lives – from school day chums to more mature relationships. The Tree of Friendship reminds us to cherish each of our friends, the old and the new – and ensure that these important bonds are never broken or forgotten.
Happiness	The road to happiness is full of adventure and new discoveries. It is when you realize that you have fullness in life in everything that surrounds you, you have happiness. When we look at a tree full of life swaying in the wind to the rhythm of life we are reminded of the pure bliss that is happiness.
Healing	Just as it takes time for a tree that's lost its leaves to rest over the winter and regenerate to its springtime glory, it takes time for us to heal from pain, whether it's cause be physical or emotional. The Tree of Healing reminds us to take time for ourselves, to gather strength from friends and family, and to not lose hope that we will once again be whole and well.
Hope	Hope is essential for growth and gives us the courage to move forward when we experience adversity. Just as a tree grows despite harsh natural conditions, hope elevates us above life's obstacles. The Tree of Hope reminds us that nothing is ever truly lost so long as we have hope.
Kindness	We most often notice kindness when we receive it, and then we want to pass it on. Like a small drop of water in the ocean it may not seem like much, but it ripples out. Kindness grows! Just as trees bring beauty to the world, kindness makes every day more bright.
Life	Like each leaf of a tree our life is full of colourful and unique moments that define us as individuals. Similarly, the changes a tree endures throughout the seasons illustrates to us the circle of life. The Tree of Life reminds us to live everyday of our lives with compassion, integrity and gratitude.

Love	There is no greater gift in the world than the gift love. Like a tree, love grows stronger and more beautiful with time. The Tree of Love represents the countless blessings the love brings into our lives.
Luck	Some people seem naturally lucky and things just always fall into place. Other people create their own luck by looking for opportunities and adventures. Watch a tree as it dances and adapts to nature and becomes ever stronger and more beautiful. Is it chance that it survives? Or is it the adaptability that allows it to thrive? The Tree of Luck with its changing and dancing colours represents the dual nature of luck and reminds us that everyday can be lucky.
Remembrance	Just as a tree undergoes many stages from seedling to maturity, our lives are full of unique and important people, moments and stages that define us as individuals. The Tree of Remembrance encourages us to treasure each of life's moments and cherish the memory of people and places that are near and dear to us – the children, the friends, the parents, and the occasions that create the mosaic of our lives.
Strength	Strength is a powerful instrument we use to navigate the unexpected twists and turns of life. Just as a tree uses its trunks for support we use our inner strength to hold us steady. The Tree of Strength reminds us of our resiliency and our unique ability to rise above adversity no matter what.
Wisdom	Wisdom is a powerful instrument we use to navigate the twists and turns in the journey of life. It takes years of trial and error to gain the wisdom to make solid and sensible decisions. Just as a tree trunk gets stronger year after year, our wisdom grows to help us find solutions to life's dilemmas. The Tree of Wisdom reminds us that we have the innate wisdom to solve each of life's puzzles and to use that wisdom with confidence and strength.