

The Suburban Monk - Color Meanings

Inspiring Indigo:

The color of intuition, perception and the higher mind. Indigo promotes concentration during times of introspection and meditation, helping you achieve deeper levels of consciousness. It relates to the ability to see beyond the normal senses. Service to humanity is one of the strengths of the color indigo. Powerful and dignified, indigo conveys integrity and sincerity.

Victorious Purple:

Purple represents enlightenment and combines the stability of blue and the energy of red. It symbolizes power, nobility, luxury and ambition. Purple represents royalty, wisdom, dignity, creativity, mystery and magic for those who resonate with the color. Purple is associated with the 7th chakra, which is the center of our Higher Self.

Rockin' Raspberry:

Raspberry Syd represents the heart; open, bright & tender. Hold Syd against your heart and feel the blush that comes from pure, powerful love.

Triumphant Teal:

Teal represents both the sky and the sea. It is associated with freedom, intuition and expansiveness. Teal also represents depth, confidence and intelligence. Teal is associated with the 5th chakra and helps us to speak our truth.

Lucky Pink:

Pink is the universal color of LOVE. This color represents compassion and nurturing. Pink is intuitive and insightful, showing tenderness and kindness. Pink is a sign of HOPE. Pink calms and reassures our emotional self. Pink is associated with the 4th chakra and helps open the heart.

Abundant Green:

Green is the color of abundance and money. It is also the color of spring, renewal and rebirth. Green provides the sanctuary away from the stresses of modern living, restoring us back to a sense of well-being. Green is associated with the 4th chakra and helps to open the heart.

Pretty Periwinkle:

Periwinkle represents peace and equanimity. It soothes and calms the nerves, especially for those with heightened sensitivities. Periwinkle is associated with the 5th chakra and helps us to speak our truth.

Wondrous White:

White is associated with light, goodness, innocence, purity, safety and faith. It is associated with angels, truth and considered to be the color of perfection. In the aura, it signifies a higher level soul who is here to help others.

Elegant Ebony:

Ebony is associated with power, elegance, and protection. It implies self-control, discipline, independence and a strong will. It gives an impression of authority and power. The color ebony absorbs negative energy. It is useful to carry something black to protect you from harm and negativity when traveling or going about your usual daily activities.

Optimistic Orange:

Orange is optimistic. It uplifts and rejuvenates our spirit. Orange brings spontaneity and a positive outlook. It is a perfect color to use during tough economic times, keeping us motivated to look on the bright side of life. Orange is associated with the 2nd chakra, which is the center of creativity.

Radiant Red:

Red is energy, passion and action. It is associated with physical needs and our will to survive. It provides confidence to those who are shy or lack willpower. It excites the emotions and motivates us to take action. Red signifies a pioneering spirit and leadership qualities. Red is associated with the 1st chakra and provides a sense of stability and home.

Blissful Bronze:

Bronze is the color of wealth and success. The psychology of this color implies affluence, material wealth & elegance. Optimistic and positive, bronze adds richness and warmth to your life. It is perfect for drawing in money and abundance.

Sat Nam Silver:

Silver opens the mind and lights the way forward. It is reflection, insight and wisdom. From a psychology viewpoint, it signals a change in direction as it illuminates the path. It assists in opening new doors and lights the future.

Joyful Yellow:

The color yellow is the color of JOY, hope, happiness & fun. Yellow is the best color to create enthusiasm for life. Yellow is associated with the 3rd chakra, which is all about personal power and confidence.